

DIOCESE OF SPRINGFIELD

Western Mass. CYO Basketball League Rules

ROSTERS

A maximum of 15 players will be allowed with a minimum of 8 players. No additions may be made to the roster once it has been submitted to the league office. Boys will only be allowed to play on a boys' team and girls are only allowed to play on a girls' team. The only exception to this rule is children competing at the K-2 grade level. Any team using a player not appearing on the roster will forfeit the game and said player may be dismissed from further play. Furthermore, a player can only appear on one roster and one roster only. If a player is assigned to a 5-6 Grade Team, he/she cannot appear on a 7-8 Grade Team roster as well.

PLAYER ELIGIBILITY

All players must be members of the parish and live within the parish boundaries for the team in which they play. Two (2) non-catholic players are allowed provided they live within the parish boundaries. If a team enters as a "School Team" all players must attend the school they represent. Player eligibility is determined by the fact they are enrolled at the school they play for, not by their faith. In order to be eligible to compete on a school team, the player(s) must attend the school for the entire duration of the basketball season. No CYO player, male or female, can be a member of a High School or Prep School, Freshman, Jr. Varsity or Varsity basketball team in accordance with Western Mass. CYO, New England CYO or Massachusetts Interscholastic Athletic Association rules. Doing so could jeopardize CYO and High School team eligibility.

ENTRY FEES

The entry fees for K-2 & 3-4 Grade is to be determined per team. Entry fees for 5-6 & 7-8 Grade is to be determined per team. Entry fees must be paid prior to your first scheduled game. Fees include insurance coverage for all members of your team and coaching staff who are listed on the team roster. Please refer to "Injury" section for further information.

PRIOR TO THE GAME

A 10 minute grace period will be allowed. Players should be on the court 10 minutes prior to the start of the game. NFIOA rules will prevail for both the boys and the girls except where there are certain CYO league variations. Please refer to CYO General Rules Section.

OFFICIATING

Referees, timers, and scorers will be provided by the home team. During playoff and tournament play, the CYO will provide referees.

MERCY RULE

A 5-6 or 7-8 Boys & girls team reaching a 20 point lead during the game shall have their defense play within the three point arch or from the foul line extending to each sideline. This rule is to be followed by all coaches in all division. The exception to this rule is if both coaches agree prior to the start of the game, play without such restrictions. 3-4 Grade Boys & Girls teams shall adhere to the 15 point mercy rule.

CANCELLATIONS

All canceled games should be rescheduled at the earliest possible date. Teams and their representatives have the responsibility of rescheduling contests.

REGULATIONS NOT COVERED

Any rule or regulation not specifically stated will be left to the discretion of the CYO Basketball League.

TECHNICAL FOULS

Any player, head coach, assistant coach or scorer who is assessed two (2) technical fouls in a game will be ejected and must leave the gymnasium. Furthermore, the player, head coach, assistant coach or scorer will be suspended from the next scheduled game. If the ejected player, head coach, assistant coach or scorer refuses to leave the gymnasium, the game will not continue and league officials will decide if the game will be replayed in its entirety. All bench technical fouls will be assessed to the head coach. The head coach is responsible for the conduct of his or her players, assistant coach, scorer and fans.

PLAYER SUSPENSION OR EJECTIONS

A player or coach who strikes or jostles an official in any manner will be suspended for the entire basketball season. This type of action may jeopardize future eligibility in the CYO Basketball League. Any player who strikes or fights with another player, coach, or spectator will be subject to an automatic one game suspension or possibly face suspension for the remainder of the season. Any player receiving two technical fouls in one game will be suspended for the remainder of the game and for the next scheduled game. If a player or coach is ejected from the game or be involved in an altercation, contact your parish coordinator who will then contact the director of athletics for the CYO Basketball League.

BENCH DECORUM

Each coach will be responsible for his or her bench decorum. One coach and one assistant coach will be permitted on the bench. An official scorer will be allowed to sit at the official table. All players who sit on the bench must be in uniform.

NO SHOWS

If a team has two no shows without adequate and or substantial reason, said team will not be considered for playoff and or season championships. Furthermore, teams that do not show for games will be responsible for half of the cost of officiating fees.

PROTESTS

All protests must be made at the time of the incident to the officials in charge. A written account must be submitted within 48 hours to your parish coordinator with a check for \$25.00 made payable to the Western Mass. CYO Basketball League. Your parish coordinator will then submit the protest along with the check to the director of athletics for CYO Basketball League for further review.

SNOW CANCELLATIONS

Cancellations will be televised on Channels 22, 40 & 3. Cancellation announcements will cover all games scheduled on the day in question unless otherwise noted. Coaches may also check with their coordinators for questions regarding cancellations. The league office will send out e-mails to each coordinator.

INJURY

The home gym should have first aid equipment available to cover most minor injuries. The kit should contain adhesive bandages for minor cuts and scrapes, ice packs, ace bandage, trash bag and most importantly, a quarter or dime to make an outgoing telephone call if emergency medical attention is required. Cellular telephones should be made available if possible.

INSURANCE

All participants will be competing at their own risk and must have insurance coverage plus league

supplemental insurance coverage. In order for a player to be eligible for league supplemental insurance, their full name, address and date of birth must appear on the roster submitted to the league office. If a player is injured while participating in CYO athletics, an accident report may be available at the official scorer's table. Regardless, you must contact Maria D'Angelantonio at 736-6781 between the hours of 8:00 a.m. to 4:30 p.m. for further details on filing this report.

VIDEOTAPE

The use of videotape will not be considered or viewed by the league to determine the outcome of any contest or to dispute a call made by an official. Videotape will only be viewed by the league if an altercation between players, a coach or a fan occurs during a contest.

GENERAL LEAGUE RULES

1. The full court press will be allowed, in the 5-6 and 7-8 Boys and Girls, A & B Divisions for the entire game. In C Division or lower, pressing is only allowed in the last two minutes of the game and any subsequent overtime that should occur.
2. Both the 5-6 & 7-8 Grade Girls Divisions shall play with the 28.5 size basketball used in women's interscholastic athletics.
3. Both the 5-6 & 7-8 Grade Boys Division shall play with a regulation sized basketball.
4. All 5-6 Grade Divisions will play two, 12 minute halves. All 7-8 Grade Divisions will play two, 14 minute halves if time permits. All games will be played under regular Federation High School rules with the exception of the seat belt rule or the use of the coaching box. A & B Division teams do have the ability to press full court at any time during the game. However, if C Division coaches believe their teams are not able to play regulation basketball which includes the full court press, both coaches must agree not to press before the game begins.
5. During the last 1:00 of play along with any subsequent overtime period(s) in the Boys & Girls 3-4 Grade Division, the defensive team may come across the half court line and press the team possessing the ball.
6. All held balls (jump balls) will impose the alternating possession rule. All gyms should use a device such as an arrow to indicate which way the possession is going. There is a back court rule in all divisions and the only way a player can return to the back court is if the ball is tapped or batted by a defensive player.
7. The bonus (one and one) will be shot the 7th team foul per half. The two shot rule on the 10th foul is not used by the CYO.
8. Each overtime period will consist of two minutes, stop time. One additional time out will be given to each team.
9. An official score book will be kept in all gyms so that final scores may be verified.
10. All uniforms will be one color with numbers. No earrings, bracelets, rings, or necklaces will be allowed and must be removed prior to the start of the game.
11. All teams, regardless of age or divisions will be allowed four time outs per game.
12. Smoking is not allowed within the confines of a gymnasium.

13. In the 3&4, 5&6 and 7&8 Grade Divisions, boys must play on boys' teams and girls must play on girls' teams.

14. To determine player eligibility for competing in the Western Mass. CYO Basketball League and all tournament competition, a 7-8 Grade player cannot turn 15 years of age prior to Dec. 31, a 5-6 Grade player cannot turn 13 years of age prior to Dec. 31, a 3-4 Grade player cannot turn 11 years of age prior to Dec. 31. However, the minimum age requirement for a 3-4 Grade player is 8 years of age. These same age requirements apply to New England Tournament play where applicable. The K-2 Division is strictly instructional and is noncompetitive.

15. In the girls divisions, there will be no 30-second shot clock used in regular season, playoff, Bishop's Tournament or New England Tournament play.

16. Mid court violations will be enforced in girls division play. The team with the ball will not be allowed to return to the back court once the player has crossed half court. The only way a player can return to the back court is if the ball is tipped or batted by the defensive team.

17. It is recommended (not mandatory) that all participants wear mouth guards during play.

18. All of the rules otherwise will be the same as the NAGWS~High School Federation.